

# DAVID A. PERNA, PhD

"WE HELP PEOPLE CHANGE"  
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44 THORNTON STREET  
NEWTON, MA 02458

## Demographic Information:

**Name:** David Anthony Perna, PhD

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35 Bedford Street  
The Liberties  
Suite #8, First Floor  
Lexington, MA 02420

**Place of Birth:** Stamford, Connecticut

## Education and Training:

### Education:

1995	PhD	Clinical Psychology	California School of Professional Psychology
1990	MA	General Psychology	California School of Professional Psychology
1986	BA	Psychology	College of the Holy Cross

### Clinical Fellowships:

1993-1995	Clinical Fellowship in Psychology, McLean Hospital/Harvard Medical School, Adolescent Partial Hospital Program; Belmont, MA
1992-1993	Clinical Fellowship in Psychology, McLean Hospital/Harvard Medical School, Adolescent Day Services Program, Hypnotherapy Consultation Team Member; Belmont, MA

### Internship & Predoctoral Training:

1991-1992	Clinical Internship in Psychology, McLean Hospital/Harvard Medical School, Adolescent Day Services Program; Belmont, MA
1990-1991	Practicum Placement, Psychological Services Center, California School of Professional Psychology (Included assessments for the Fresno County Juvenile Justice Department and on-site therapy in an elementary school setting); Fresno, CA
1989-1990	Practicum Placement, California Men's Colony (Medium Security Prison), rotation within the Category-X Program (parole assessment program for incarcerated murderers) and work with the general prison population (Individual and group therapy)

### Licensure and Certification:

1997-Present	Licensed Psychologist	Commonwealth of Massachusetts (#7172)
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## **Professional Appointments:**

### **Academic Appointments:**

2015-Present	Lecturer in Psychology/Department of Psychiatry	Harvard Medical School
1997-2015	Clinical Instructor in Psychology/Department of Psychiatry	Harvard Medical School
1992-1995	Clinical Fellow in Psychology/Department of Psychiatry	Harvard Medical School
1991-1992	Psychology Intern/Department of Psychiatry	Harvard Medical School

### **Hospital or Affiliated Institution Appointments:**

2004-Present	Clinical Associate, McLean Hospital, Anger Management, Child/Adolescent Program
1997-2004	Staff Psychologist, McLean Hospital, Child Outpatient Department; Belmont, MA
2001-2004	Director: Anger Management Clinic, McLean Hospital Child Outpatient Department, Belmont, MA
2000-2004	Consulting Psychologist, McLean Hospital, Adolescent Acute Residential Treatment Program, Belmont, MA
1995-1997	Staff Psychologist, Boston Regional Medical Center, Adolescent Partial Hospital Program; Stoneham, MA

### **Other Professional Positions:**

2010-Present	Owner, Copernican Clinical Services CCS is a business that provides clinical services for children, adolescents, and adults who struggle with anger management issues and learning challenges. Individual, Group, and Family therapy interventions are used by the clinical staff. Staff members other than Dr. Perna are W-2 Employees who are independently licensed. Graduate students who are not licensed perform treatment interventions that are appropriate to their level of training in accordance with Massachusetts State guidelines, and are covered under Dr. Perna's group malpractice insurance policy.
2007-Present	President, Copernican Business Solutions, Inc. CBS is a business that provides practice management opportunities for clinicians and other allied health professionals. Contracts are signed in which clinicians independently maintain their private practice and receive billing support, collections support, an office, office equipment, and other ancillary services as is designated in their respective contract. CBS takes a percentage of the money that the clinician receives as compensation for the services/space/equipment that is provided. The business also owns and leases professional space to mental health and allied health professionals. The business is located at 44 Thornton Street, Newton, MA.
1997-Present	Private Practice Locations: <ul style="list-style-type: none"><li>• The Liberties, 35 Bedford Street, Unit #8, Lexington, MA, 02420</li><li>• 44 Thornton Street, Newton, MA, 02458</li></ul>
1995-2001	Group Practice Affiliate, Counseling Collaborative: Lexington, MA
1997-2000	Consulting Psychologist, Needham High School (RISE Program), Mitchell Elementary School (ABC Program), Newman Elementary School (ABC Program), Hillside Elementary School, Special Education Department, Needham Public Schools; Needham, MA
1993-2000	Consulting Psychologist, Lexington High School, Place Program Special Education Department, Lexington, MA
1992-1997	Consulting Psychologist, Lexington High School, Ace Program Special Education Department, Lexington, MA

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## **Major Committee Assignments:**

### **National and Regional:**

2017-Present	Board of Trustees Member, Harrington Park Commercial Condominium Association, Lexington, MA.
2005-Present	Lexington Youth Forum: Town of Lexington, MA (Therapist Member)
2001-2002	ABC News Medical Unit: Consultant on Adolescent Anger Management and Teen Violence
1996-1999	Board of Trustees, Board Member, Children's Group Therapy Association
1998-1999	Board of Trustees, Secretary, Children's Group Therapy Association
1997-1999	Technology Committee, Chairperson, Children's Group Therapy Association

### **McLean Hospital:**

2000-2001	Clinical Intake Committee, McLean Hospital, Child Outpatient Department
2000-2001	Architectural & Transitional Planning Committee, Child Outpatient Department

### **California School of Professional Psychology:**

1989-1990	Student Government, Co-Chair of the Student Executive Committee
1988-1989	Student Government, Class Representative

## **Professional Affiliations:**

1989-Present:	American Psychological Association
1997-Present	Massachusetts Psychological Association
2007-2012	Certified Group Psychotherapist: American Group Psychotherapy Association
1996-2002	Children's Group Therapy Association

## **Awards and Honors:**

2000:	Partners in Excellence Award: Partners Healthcare/McLean Hospital (presented to all of the members of the Child Outpatient Department for excellent clinical service and team work)
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## **Research Projects:**

2000-2005	<u>A New Model for Adolescent Case Management: Pilot Project and Research Protocol: Anger Management Advisor</u> PI: Jean Frazier, MD, Investigators: David A. Perna, PhD, Jessica Goldstein, PhD, Carryl Navalta, Laura Ruegg
1995	Doctoral Thesis: California School of Professional Psychology <u>The Incarcerated Adolescent Criminal's Experience of the Circumstances That Led to his Most Recent Arrest: a Phenomenological Study</u>

## **Research Funding Information:**

### **Prior:**

2000-2003	Private Foundation Grant, Anger Management Advisor, <u>A New Model for Adolescent Case Management: Pilot Project and Research Protocol</u> PI: Jean Frazier, MD, Investigators: David A. Perna, PhD, Jessica Goldstein, PhD, Carryl Navalta, PhD
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## **Publications:**

- 2014            Anger Outbursts: Common Myths About Anger Management and Thought-Based Interventions that Actually Work: Perna, David A.; Lexington, MA: Colonial Times (February-2014)
- 2007            Organization and Homework Management: Perna, David A.; Lexington, MA: Colonial Times (October-2007)
- 2006            Integrating Treatment and Education for Mood Disorders: An Adolescent Case Report. Navalta, Carryl P.; Goldstein, Jessica; Ruegg, Laura, Perna, David A., & Frazier, Jean A.; Clinical Child Psychology and Psychiatry, Vol 11(4), Oct 2006. pp. 555-568. [Original *Journal Article*]
- 2006            Anger and Achievement. Perna, David A.; Lexington, MA: Colonial Times (October-2006)

## **Report of Teaching:**

### **1. Local Contributions:**

#### **Massachusetts General Hospital/Harvard Medical School**

- 1999-2002:    Anger Management Theory and Intervention Techniques with Children and Adolescents.  
Child Psychiatric Resident Training Program  
Lecturer to 8 first year child and adolescent psychiatry fellows  
6 hours of preparation and 2 hours of teaching/year

#### **Local Invited Teaching Presentations:**

- 2018            Anger Management: The Four Choice Model  
Canton, MA: Integrated Center for Child Development: Staff Training (2 Hours)
- 2017            Anger Management: The Four Choice Model  
Wakefield, MA: North Shore Counseling Center, Intern Training Program (2 Hours)
- 2015            Today's Social Media, Windows Into A Violent World  
Concord-Carlisle Schools: Adult and Community Education (2 Hours)
- 2015            Anger Management, Executive Functioning, & Learning  
Watertown, MA, SEPAC-Guest Lecturer (2 Hours)
- 2012            Anger Management  
Watertown, MA, SEPAC-Guest Lecturer (2 Hours)
- 2011            Anger Management  
Watertown, MA, SEPAC-Guest Lecturer (2 Hours)
- 2010            Adolescent Anger Management  
Guest Presenter to the General Clinical Staff  
McLean Hospital South  
Adolescent Acute Residential Treatment Program (2 hours)

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- 2009      Adolescent Anger Management  
 Guest Presenter to the General Medical Staff  
 Four Winds Hospital, Saratoga Springs, NY (1 hour lecture)
- 2009      Anger Management and Academic Challenges  
 Guest Presenter to the Academic Teaching Staff  
 Four Winds Hospital, Saratoga Springs, NY (1.5 hour lecture)
- 2008      Anger Management  
 Watertown Special Education-Parent Action Committee: Guest Lecturer (2 hours)
- 2007      Child and Adolescent Anger Management  
 Watertown Special Education-Parent Action Committee: Guest Lecturer (2 hours)
- 2006      Anger Management and Learning Issues  
 Watertown Special Education-Parent Action Committee: Guest Lecturer (2 hours)
- 2004      Anger Management: School-Based Interventions  
 Weston Public School Department: Summer Workshop Presenter (2 hours)
- 2003      Adolescent Anger Management  
 Acton Public Schools Health Day: Guest Lecturer
- 2002      Anger Management and Adolescent Development  
 Randolph Middle School: Guest Lecturer
- 2002      Anger Management and the impact of Violent Media  
 Adolescent Speaker Series  
 Museum of Science: Guest Lecturer via the McLean Hospital Continuing Education  
 Department
- 2001      Anger Management and the impact of the media in the post-Columbine era  
 Belmont High School via the McLean Hospital Public Speakers Bureau: Guest Lecturer
- 2001      Anger Management and the impact of the media in the post-Columbine era  
 Parents with Adolescents in Crisis (PAC) Parent Training Series: Guest Lecturer and Panel  
 Discussant
- 2001      Anger Management Training Program: The Four Choice Model  
 Northeastern University: Grand Rounds: Guest Lecturer
- 2001      Anger Management and the impact of the media in the post-Columbine era  
 Riverside Community Service: Guest Lecturer  
 Educational Series for Teachers and Guidance Counselors
- 2001      Anger Management: You, your child, and the impact of the media in the post-Columbine era  
 Belmont Public School Department parenting series: (2 hours) Guest Lecturer
- 1999      Anger Management: Theory and Intervention Techniques with Children and Adolescents  
 Emmaus Program. Methuen, MA: Guest Lecturer (2 hours)
- 1999      Risk Factors for Depression and Suicide in Children and Adolescents  
 Teacher In-service Training, Mansfield, MA: Guest Lecturer (2 hours) invited to speak at a  
 week-long course for teachers
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- 1998            Developmental Precursors to Adult Antisocial Personality Disorder  
St. Anne's School, Laurence, MA: Guest Lecturer
- 1998            Anger Management Techniques for Special Education Students  
Teacher In-service Training: Mitchell Elementary School: Needham, MA: Guest Presenter.
- 1998            Developmental Precursors to Adult Antisocial Personality Disorder  
Needham Public Schools, Guidance Department In-service Training: Guest Presenter
- 1997            Depression and Suicide: Clinical Development and Treatment with Children and Adolescents  
Teacher In-service Training: Mansfield, MA: Guest Lecturer
- 1996            Developmental Precursors to Adult Antisocial Personality Disorder  
Lexington Public Schools: Guidance Counselor Training: Guest Lecturer

**Continuing Medical Education Courses:**

- 2015            Anger Management  
Presenter, Middle School Through College: Mental Health and Education Conference,  
McLean Hospital/Harvard Medical School, Cambridge, MA (1.5 Hours)
- 2014            Anger Management: The Five Horsemen of Anger Management  
Brookline Community Mental Health Center-Guest Lecturer (1.5 Hours)
- 2013            Anger Management: General Concepts and Clinical Discussion  
Brookline Community Mental Health Center-Guest Lecturer (1.5 Hours)
- 2009            Anger Management and Metacognition:  
Grand Rounds, Four Winds Hospital, Saratoga Springs, NY (2 hour lecture)
- 2006            Organizational Tutoring: Strategic Assessment, Planning and Coordination:  
Presenter, 15<sup>th</sup> Annual World Congress on Learning Disabilities  
The Burlington Marriott Hotel, Burlington, MA (2 hour lecture)
- 2006            Comprehensive Anger Management Programming (CAMP): Working with Angry Adolescents  
with Learning Challenges and Executive Function Deficits:  
Presenter, Children's Group Therapy Association  
The Holiday Inn, Newton, MA (3 hour workshop)
- 2006            Comprehensive Anger Management Programming (CAMP): Learning Issues Throughout the  
Developmental Continuum:  
Newton Public School Department: Guest Lecturer (2 Hours)
- 2005            Comprehensive Anger Management Programming (CAMP): Anger Management is not just for  
breakfast anymore: Presenter, Children's Group Therapy Association  
The Holiday Inn, Newton, MA (3 hour workshop)
- 2005            Anger Management:  
Grand Rounds, McLean Hospital, Child/Adolescent Program, Belmont, MA
- 2005            Adolescent Anger Management within an Acute Residential Classroom Setting: Lessons from  
Jackson Pollack and Eminem: Presenter, Lesley University, Cambridge, MA

- 2004 Adolescent Anger Management:  
Presenter, Awesome Adolescence Conference: McLean Hospital/Harvard Medical School, The Copley Plaza Hotel, Boston, MA (1 hour lecture and 1 hour panel discussion)
- 2004 Anger Management: Cardiovascular reactivity and gender concerns  
Grand Rounds, Lawrence General Hospital, Lawrence, MA (1 hour lecture)
- 2004 Adolescent Anger Management within an Acute Residential Classroom Setting: Lessons from Jackson Pollack and Eminem: Presenter, Children's Group Therapy Association, Newton Holiday Inn, Newton, MA (3 hour workshop)
- 2003 Adolescent Anger Management: Multimodal Intervention Strategies:  
Presenter, Awesome Adolescence Conference: McLean Hospital/Harvard Medical School, The Royal Sonesta Hotel, Boston, MA (1 hour lecture and 1 hour panel discussion)
- 2003 Adolescent Anger Management: Multimodal Intervention Strategies:  
Grand Rounds, Four Winds Hospital, Saratoga Springs, NY (1.5 hour lecture)
- 2003 How to Drink a Hot Cup of Coffee without Getting Burnt: Multimodal Anger Management Strategies that Work  
Cambridge Hospital/Harvard Medical School, Boys and Men Conference  
Royal Sonesta Hotel, Cambridge, MA (1 hour lecture)
- 2003 Anger Management:  
Harvard University Health Services: Harvard University, Cambridge, MA (1 hour lecture)
- 2003 Adolescent Anger Management: The Four Choice Model  
Presenter, Children's Group Therapy Association, Spring 2003 conference  
Newton Holiday Inn, Newton, MA (3 hour workshop)
- 2002 The Four-Choice Model of Anger Management  
Presenter, Awesome Adolescence Conference: McLean Hospital/Harvard Medical School, The Copley Plaza Hotel, Boston, MA (1 hour lecture)
- 2002 Adolescent Anger Management, Fantasy, and Violent Media  
Child/Adolescent Academic Case Conference: McLean Hospital Child Outpatient Department:  
Guest Lecturer, Belmont, MA (1.5 hour Lecture)
- 2001 Adolescent Anger Management: The Four Choice Model  
Invited Lecture, New England Society for Behavior Analysis and Therapy (NESBAT): (2 - hour Lecture) Waltham, MA
- 2001 Child/Adolescent Academic Case Conference: Anger Management: The Case of A High School Athlete with Aggressive Acting Out Secondary to Prozac Use  
Guest Presenter with Asha Parekh, MD, with Shervert Frazier, MD serving as a Discussant, McLean Hospital/Harvard Medical School; Belmont, MA (1.5 hours of discussion)
- 2001 Awesome Adolescence (Teens at Risk): New Models for Prevention and Intervention  
Anger Management Workshop Presenter, McLean Hospital/Harvard Medical School, Copley Plaza Hotel (1 hour presentation)
- 2001 Anger Management Techniques and Interventions for College Students  
Anger Management Workshop Presenter and Coordinator, McLean Hospital/Harvard Medical School, Belmont, MA (Full day specialized training seminar for the Wentworth Institute of Technology)

- 2000 Child/Adolescent Academic Case Conference: Outpatient Treatment of Anger Management as was Applied to the Case of an Adolescent Female, Guest Discussant, McLean Hospital/Harvard Medical School; Belmont, MA (1.5 hours of interviewing/discussion)
- 1996 Developmental Precursors to Adult Antisocial Personality Disorder  
Massachusetts Association of Adjustment Counselors Spring Conference: Workshop Presenter  
College of the Holy Cross, Worcester, MA
- 1995 Gender issues in Adolescent Psychotherapy Groups  
Children's Group therapy Association: Spring Conference: Workshop Presenter

**Advisory and Supervisory Responsibilities:**

- 2017-Present Director of Training  
Copernican Clinical Services  
Established a training Program for 2-psychology, 2<sup>nd</sup> year graduate students from William James College, and 2-social work, 2<sup>nd</sup> year graduate students from the Simmons School of Social Work. Trainees accepted in February of 2017. Program start date: September-2017. Additionally supervising one licensed psychologist and one licensed clinical social worker to serve as primary supervisors for the graduate students.
- 2015-Present Supervising Psychologist: David A. Perna, Copernican Clinical Services  
Recently Licensed Social Worker  
Adolescent Anger Management Group Program-Co-Lead  
3 Groups, 1 hour/Group/1.5 hour Supervision/Weekly
- 2010-2014 Supervising Psychologist: David A. Perna, Copernican Clinical Services  
Graduate Psychology Student/Recently Licensed Psychologist  
Adolescent Anger Management Group Program  
1.25 hour Group/.5 hour Supervision/Weekly  
1-Group/Week
- 2005-2010 Supervising Psychologist: David A. Perna, Private Practice  
Graduate Psychology Students  
Adolescent Anger Management Group Program  
1.25 hour Group/.5 hour Supervision/Weekly  
2-Groups/Week
- 2003-2004 Supervising Psychologist: McLean Hospital/Harvard Medical School  
PGY-3 residents within an outpatient Anger Management Group Program: Family and group therapy modalities
- 2000-2004 Consulting Psychologist  
Anger Management Program, Adolescent Acute Residential Treatment Program, McLean Hospital, 8 hours/week throughout the year
- 2000-2003 Anger Management Advisor: Clinical Research Project, A New Model for Adolescent Case Management: Pilot Project and Research Protocol, McLean Hospital
- 2001 Senior Honors Thesis Advisor: Marlboro College, Marlboro, VT  
Student: Colin Gasamis  
The Treatment of At-Risk Teens in a Partial Hospitalization Program



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- 1997-2004      Supervising Psychologist  
Psychology interns and post-doctoral fellows, Child Outpatient Department, McLean Hospital  
1 hour/week throughout the year
- 1996-2000      Supervising Psychologist: Lexington High School  
Social work and psychology practicum students who co-led an adolescent psychotherapy  
group, 1 hour/week throughout the academic year

### **Media Interviews:**

- 02/24/2004      Watch that Temper (Health issues related to anger)  
Boston Herald: By Dr. Murray Feingold: Correspondent, Health Coverage
- 01/13/2002      Connecting with your Your Inner Thug: Grand Theft Auto III Gives you an On-screen Crime  
Spree – and too Much Fun  
Boston Globe: Focus Section Interview discussing the impact of violent video gaming on  
adolescent aggression: Joanna Weiss reporting
- 05/24/2001      Troubled Teens:  
Guest Panelist speaking on violence prevention and anger management  
Chronicle: WCVB-TV: Channel 5, Boston, MA: Mary Richardson and Peter Mehegan  
reporting
- 05/10/2001      McLean to Assist Belmont High School by Treating Troubled Students:  
Interview regarding the Case Management Research Project through the McLean Hospital  
Child Outpatient Department, Belmont Citizen Herald: Artur Katz reporting
- 03/28/2001      Environmental Extremism: Angry Adolescents Burn Down Three Homes in Long Island, New  
York  
The Today Show: ABC News, New York, NY: Zuzu Chang reporting
- 03/24/2001      Anger Management and Adolescents  
WBZ Radio, reporting from the Awesome Adolescence Conference at the Charles Hotel:  
Cambridge, MA
- 03/14/2001      Troubled Teenagers: Discussing the book, “Augusta Gone” by Martha Todd-Dudman  
New England Cable News, Boston, MA: Margie Readie and Chet Curtis Reporting: Guest  
Discussant
- 03/09/2001      Adolescent Female Aggression at Sporting Events  
WB-56, 10 O’clock News, Boston, MA: Kristen Daly Reporting: Guest Interview
- 02/09/2001      Middle School Youth Stabbings in the Boston Public Schools  
WB-56, 10 O’clock News, Boston, MA: Terrell Harris Reporting: Guest Interview
- 02/07/2001      The Role of Media Violence in the Stabbing of a 12-year-old boy in Springfield, MA  
New England Cable News, Boston, MA: Margie Readie Reporting: Guest Discussant
- 02/06/2001      The Stabbing of a 12-year-old boy in Springfield, MA: The impact of media violence  
WB-56: Morning Show, Boston, MA: Stephanie Leydon Reporting: Guest Discussant
- 02/05/2001      The Stabbing of a 12-year-old boy in Springfield, MA: The impact of media violence  
WB-56: 10 O’clock News, Boston, MA: Tim Estilos reporting: Guest Interview

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- 01/29/2001      The Impact of Media on Adolescent Behavior, The case of a boy setting himself on Fire after watching the MTV Broadcast "Jackass"  
Fox News (Channel 26); Boston, MA, Maria Quinones Reporting: Guest Interview
- 04/24/1999      Special Report: The roots of rampage: The Littleton, Colorado shootings  
WHDH-TV (NBC) Channel Seven; Boston, MA: Guest Interview
- 04/28/1999      Precursors and Risk Factors That Prompted the Littleton, Colorado Shootings  
New England Cable News; Boston, MA: Guest Interview
- 04/1999            The Littleton Shootings  
Radio Broadcast; Huron, MI, (April 1999), Guest Discussant
- 04/25/1999      The Littleton Shootings: Radio Broadcast  
WJMN-FM, "Enough is Enough" with host Alan Kaplan, PhD; Boston, MA: Guest Discussant
- 04/23/1999      Students nationwide in fear of violence  
The Boston Herald, reported by Erik Sherman: Newspaper Interview
- 05/1998            Anger management strategies for teenagers  
WJMN-FM, "Enough is Enough" with host Alan Kaplan, PhD; Boston, MA: Guest Discussant
- 06/11/1998      How parents can help protect their children from sexual predators  
WB-TV 56, Channel 56; Boston: MA: Guest Interview
- 06/14/1998      How parents can help protect their children from sexual predators  
The Patriot Ledger: Newspaper Interview
- 08/19/1998      Child Discipline: Learning the rules  
The Boston Globe; reported by Elizabeth Millard: Newspaper Interview
- 12/19/1997      Domestic violence following the murder-suicide of a Saugus couple  
WCVB-TV, Channel 5; Boston, MA: Guest Interview

**Recent Continuing Education Program Completion:**

- 2018                Group therapy for Borderline Personality Disorder (3.00 Hours)  
Northeast Society for Group Psychotherapy: 2018 Conference: Boston, MA
- 2018                Experience Group: Are We Similar or Are We Different? (7.00 Hours)  
Northeast Society for Group Psychotherapy: 2018 Conference: Boston, MA
- 2018                The Large Group Format (Session #1 and #2): (4.00 Hours)  
Northeast Society for Group Psychotherapy: 2018 Conference: Boston, MA
- 2017                Relational Supervision: The use of Theory in Supervision  
Simons College: School of Social Work: Boston, MA (3 Hours)
- 2016                Adventures on the Electronic Frontier/ Ethics and Risk Management in the Digital Era  
Massachusetts Psychological Association: Dedham, MA (6 Hours)
- 2016                Working with the Dark Side in Group Therapy Using a Demonstration Group  
Northeast Society for Group Psychotherapy: 2016 Conference: Boston, MA (3 Hours)

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- 2016      Tuning in and Moving Through: The Use of “Push Hands” in Process Groups  
Northeast Society for Group Psychotherapy: 2016 Conference: Boston, MA (3 Hours)
- 2016      Music, Movement, and Moments of Meaning  
Northeast Society for Group Psychotherapy: 2016 Conference: Boston, MA (1.5 Hours)
- 2016      The Power of Group: Theory, Practice, and Collaboration Considerations  
Massachusetts Psychological Association: Wellesley, MA (3 Hours)
- 2016      Motivational Interviewing in the Treatment of Psychological Problems, 2<sup>nd</sup> Edition  
Institute for the Study of Human Knowledge (ISHK) Continuing Education at Home for  
Psychologists: Online Course (10 Hours)
- 2014      Sports Related Conference on Concussion and Spine Injury  
Boston Children’s Hospital: Boston, MA  
Hospital-Based Conference (7.5 Hours)
- 2014      Differential Diagnoses and Treatment for Specific Learning Disabilities Across Development  
American Psychological Association: Washington, DC  
Independent Study Program (3 Hours)
- 2014      DSM-V: A Comprehensive Overview  
Ce4Less.com: Butte, MT  
Home Study Clinical Course (10 hours)